












Monday

Tuesday

Wednesday

Thursday

Friday

 Curling	Bingo 	Indoor Golf	 Zumba	Multisport 
Boccia	Ten Pin Bowling		Yoga	
Lunch 12.30-1.00pm 				
 Multisports	Seated Football	Karaoke	 Line Dancing	Karaoke
 Games	Assault Course	Arts & Crafts	Bowling	 Tennis
		Multisports		

Morning Session
10.30am-12.30pm
£4

Afternoon Session
1.00pm-3.00pm
£4